



DNA Groups

Grace Community Church



DNA Group Flow



DNA Groups : A group of two or three people of the same gender meeting weekly and walking through the DNA Group flow.

Discover | Hearing from God [15 minutes]

Each person come prepared to share from your journal of what you learned from the Bible over the past week.

Each person shares what they heard from God by answering these questions:

- What did you learn this week? What were you reminded of?
- How would your life change if you put what you learned into practice?

Nurture | Repent and Believe [35 minutes]

Listen for the heart as each of answer the following questions. Try to ask good follow up questions. Speak the truth in love as the Spirit leads you, calling each person to repent of sin and believe in the Gospel.

- Where did the Spirit lead you to repentance and faith this week?
- How have you struggled with sin/unbelief in your life this week?

After sin has been confessed, spend time speaking out loud to yourself and to one another the good news of Jesus' work for us. Hearing the Gospel spoken out loud enables us to believe the Gospel is good news for us!

Act | Listen and Obey [10 minutes]

Ask each other the following questions

- In light of what you have shared, how are you going to walk in obedience to the Spirit this week?
- Who this week needs to hear what you have learned?
- How can the group help you?

Talk about how your relationship and spiritual conversations have gone with your non-believing friends. Share how you plan to weave this person into your community. Then pray for them and each other by name.

REAP Method for Bible Reading

i ***In order to reap, you have to use the right equipment.*** If you are going to harvest potatoes, you need equipment that can dig up the earth and extract potatoes. If you are harvesting corn, you need equipment that can work above ground to separate ears of corn from corn stalks. When you reap from the Bible, you need to use fitting interpretive tools or equipment. As you read, look for the character of our gracious God, look for what he has promised and what he has accomplished.

Remember to pray as you open the Bible, asking God to show you the grace of Jesus.

Read the passage. Read it a few times, silently and out loud, with a pen in hand. Note thoughts that might be significant.

Examine the passage. At this point, you will answer some questions about the meaning of the text. Work through this list of questions:

- What is the author telling me about God's character, God's promises, and God's actions?
- What does this passage reveal about human nature? Where do you see yourself in this passage?
- If this passage is true, what needs to change in my life?

Apply the passage. Answer the question, “What would it look like for me to apply this week what we just read and talked about?” Write out your response to this question.

Pray. Ask that God would be glorified as we seek to apply the passage this week. The goal of this kind of Bible study is primarily to grow in faith and obedience, not mere knowledge. Keep that in mind and be attentive each step of the REAP process.

CARE Method for Shepherding the Heart

i *Jesus has designed His church in such a way that we can offer comfort and help to one another in the midst of our pain and struggle. While Jesus is the Chief Shepherd, and the Holy Spirit has appointed elders to shepherd the flock, every believer can be equipped to shepherd and care for others (Eph. 4:11-12).*

Connect with Compassion | Ask God to help the group show empathy and compassion by simply paying close attention. Nothing affects nurturing more than showing genuine care and concern for others, especially when they are hurting. Trust is built when believers demonstrate mutual love for one another. Without love, compassion, empathy, and care, groups cannot nurture.

Access the Heart | As the members of the group are talking, everyone should listen for the heart. This begins with praying and asking the Spirit to give the group ears to hear what is really happening under the surface. Listening for the heart also means focusing on the person and not the problem. Make sure to ask plenty of how and why questions and understand the heart before speaking truth.

Respond with Grace and Truth | As we shepherd and nurture each other, we will need to speak the truth in love (Ephesians 4:15, 25). This truth should be centered on our identity much more than on our actions. Avoid simple advice or quoting scripture in a way that is unhelpful.

Encourage and Equip | Remind them that God passionately loves them regardless of past sins or their present status and wants a relationship with them. He is able to help them overcome their temptations, lusts, etc. Help them to see the sovereignty of God in their circumstances and that He is sufficient to meet all their needs. Remember God's character, promise, actions and how they relate to your identity in Christ.